

Child's Age

5-12 Years Old

My

Dis-Impaction Diary

Dis-Impaction can take up to 2 weeks to achieve. Complete the chart below to track your child's progress throughout dis-impaction. If you need any help or advice please always contact us—we are on this journey with you.

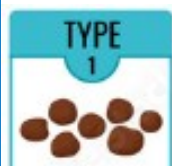
Our Email: dgn-tr.dvh-childhoodconstipation@nhs.net

Our Tel No: 01322 428 550



	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Sachets to Give	4	6	8	10	12	12	12
No. of Sachets Given?							
Stool Passed and Type?							
	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Sachets to Give	12	12	12	12	12	12	12
No. of Sachets Given?							
Stool Passed and Type?							

Notes: _____



Rabbit Droppings



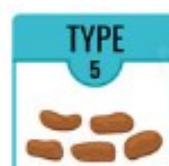
Bunch of grapes



Corn on the cob



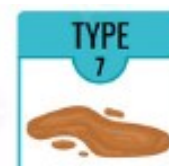
Smooth Sausage



Chicken Nuggets



Porridge



Gravy