



Constipation Health Care Plan For School



We recommend a Constipation Care Plan is completed for all children suffering with chronic idiopathic constipation. A Constipation Care Plan should be a working document, designed to assist educational settings in their care for the child, inclusive of all information required. We advise that this Constipation Care Plan be completed by both the educator, and parents of the affected child. If the educator has any concerns or the child's care changes significantly, then the educator should seek advice from the school nurse, or the relevant Healthcare Professional, namely the Childhood Constipation Service, located within Darent Valley Hospital.

Name of School: _____

Date Plan Created: __/__/____ Review Date of Plan: __/__/____

Person(s) Involved in Care Plan Process:

Name: _____

Name: _____

Name: _____

Child's Name :	
Date of Birth :	
Year Group / Class Name :	
Home Address :	
School Address :	

Personal Details :

Contact 1	
Relationship to Child :	
Contact Number :	
Contact Email :	
Address (if different to child :)	
Contact 2	
Relationship to Child :	
Contact Number :	
Contact Email :	
Address (if different to child :)	

Healthcare Professional Contact :

Healthcare Professional Name and Address :	
Paediatrician :	
GP Name and Address :	

Educational Contacts :

Special Needs Co-Ordinator (if applicable)

Other Support Staff Involved (if applicable)

Description of Child :

Please provide brief details of Child's interests, behaviour and relevant conditions

Description of Constipation Difficulty :

Constipation Management :

Describe how the child's constipation issues will be managed and supported within school and how potential and independence are going to be appropriately promoted. You could include goals for the child and/or parent/carer.

Personal Care Needs Whilst at School:

Describe who will be responsible for providing all aspects of personal care for the child whilst they are in school.

Description of Agreed Toileting Routine :

Provide tailored toileting routine specific to the child, any aids that are required, whether they be physical or reward-based schemes.

Use / Disposal of Contenance Products :

Provide details of any continence products required whilst at school and include arrangements for any soiled clothing, alongside provision for additional clothing required whilst at school

Child's Medication Requirements :

Provide details of any medications the child is on, including any that need to be administered within school. Take into consideration the School's Medical Policy and follow applicable school procedures

Provisions Required for Activities, Including School Trips :

Provide details of any adaptations needed whilst away from school environment, include who will be responsible for toileting whilst the child partakes in any school-related activities

Emergencies :

Provide details of what would constitute an emergency situation and what action will be taken. Schools should always act in line with their Safeguarding, Medical and First Aid Policies

Name of Parent / Carer : _____

Signature of Parent / Carer : _____ Date : _____

Name of School Representative : _____

Job Title of School Representative : _____

Signature of School Representative : _____ Date : _____

Name of Child : _____

Signature of Child (if applicable) _____ Date : _____

Please update this Constipation Care Plan accordingly, and review regularly.

