

# Toilet Sits Log

Week 1 & 2	MON	TUES	WED	THUR	FRI	SAT	SUN
1—After School							
2—After Dinner							
3—Before Bed							
1—After School							
2—After Dinner							
3—Before Bed							

Tick in each box when you have had a toilet sit. If you have opened your bowels put a double tick. If you have felt the urge to go, then put a little dot/star in the corner of the box. We can then review these when we speak.

Week 3 & 4	MON	TUES	WED	THUR	FRI	SAT	SUN
1—After School							
2—After Dinner							
3—Before Bed							
1—After School							
2—After Dinner							
3—Before Bed							