

# **BRISTOL STOOL CHART**

#### Type 1

Separate hard lumps, like nuts (hard to pass)



### Type 2

Sausage-shaped but lumpy

#### Type 3

Like a sausage but with cracks on its surface

# Type 4

Like a sausage or snake, smooth and soft

# Type 5

Soft blobs with clear-cut edges (passed easily)

#### Type 6

Fluffy pieces with ragged edges, a mushy stool

# Type 7

Watery, no solid pieces, entirely liquid





# www.thepoonurses.uk

Original reference: Lewis SJ, Heaton KW (1997), Scandinavian Journal of Gastroenterology 32 920-4.